

BF5Days 2023

Day to Day Information



Day 0; 28.07.2023

Collection of bib numbers. Pre-ordered merchandise can also be picked up.

Event Centre: Tourismusinformation Bodenmais im Bahnhof
Adresse: Bahnhofstraße 56, 94249 Bodenmais

Parking: The car parks outside are free for 30 minutes, the underground car park is chargeable but free with a Bodenmais visitors pass

Opening Hours Event Centre: 15.00 – 18.00

General information for Day 1 -3

Valid for all three days:

Event Centre: Wintersport Centre Bretterschachten, food on drink on available

Distances

Parking – Event Centre : 100m – 500m

Parking: Unfortunately, there is limited parking space available which nevertheless should be sufficient. The main car park is the public car park along the main road. We recommend that you take the public bus from Bodenmais to Bretterschachten. It stops right in front of the event centre and is free if you have a GUTI ticket which is always included in the bed tax if you stay locally.

Camper Vans: They can also use the public car park which has a firm surface. The additional parking is not suitable for camper vans and we recommend either using the bus or coming slightly earlier to the venue. As with all car parks in the area, staying overnight is not allowed by local by laws.

Dogs: The natural environment around the Bretterschachten is highly sensible. Bordering the event centre is an important protection zone for grouse; a strictly protected falcon is breeding close to one running area. Bearing this in mind, forestry has mandated that dogs have to be kept on the leash at all times and are not allowed to be taking off the paths into the forest or onto the run. Please follow these rules as otherwise we will not be allowed to use the area anymore.

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Day 1; 29.07.2023

First Start: 12.00

Opening of event centre: 9.00

How to get to start/finish:

There will be a shuttle bus from the event centre to the finish arena, at least every 15 minutes, duration around 8 minutes. The bus stops right in front of the event centre, there will be a clothing depot at the bus stop in the forest.

Distances:

Shuttle bus stop – start: 400m

Finish – Shuttle bus stop: 600m

Map: Hohlstein

Scale: 1-7500; Equidistance: 5m

Competition Area: The competition is defined by the slopes of the Hohlstein which slopes towards the East and become increasingly steep towards the lower slopes. The area is quite wild, although there is a dense network of tracks and rides. The forest is fairly open and runnable in large parts, but with a fair bit of green. Numerous rock walls and boulders need careful navigation to correctly approach the control post location. Like everywhere in the Bavarian Forest, there are only a few to none flat areas.

Day 2; 30.07.2023

First Start: 10.00

Opening of event centre: 8.30

How to get to start/finish:

There will be a shuttle bus from the event centre to the finish arena, at least every 15 minutes, duration around 8 minutes. The bus stops right in front of the event centre and there will be a clothing depot at the start. Runners will pass the start on the way from the finish to the bus stop.

Distances:

Shuttle bus stop – start: 500m

Finish – Shuttle bus stop: 700m

Map: Dachsriegel

Scale: 1-5000; Equidistance: 5m

Competition Area: The competition is defined by the maze of rocks of the Dachsriegel. For better clarity we choose a map scale of 1-5000. The woods around the rocks are generally quite open and runnable. Some of the adjacent slopes are quite green. On the passages in between the different boulder areas it will be decisive to circumnavigate these slower areas efficiently. Again, there are very few flat areas.

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Day 3; 31.07.2023

First Start: 10.00

Opening of event centre: 8.30

Distances:

Event Centre – Start: 800m

Finish – Event Centre: 800m (start and finish are in the same location)

Map: Kießriegel

Scale: 1-5000; Equidistance: 5m

Competition Area: The competition area is centred around the numerous rock formations on the south facing slopes of the Kießriegel, quite steep in the upper parts but more gentle in the lower parts. We again choose a scale of 1-5000 to accurately portray the many rock formations and boulders. Apart from a very few exceptions, the entire area is runnable, with the lower, less steep slope being the fastest. Courses are designed like a middle distance with many controls, short distances between controls and numerous changes of direction. The winning difference will be to keep an accurate overview and to locate controls accurately to be able to avoid losing time at controls that are not part of the course.

Day 4; 01.08.2023

City champs Bodenmais, sprint distance

Event centre: Market square in the centre of Bodenmais

First Start: 16.00

Opening of event centre: 14.30

Parking: There will be enough parking at the Benno Festival grounds with borders the old part of town.

Camper Vans: They can also park at the festival ground which has a firm surface. As with all car parks in the area, staying overnight is not allowed by local laws.

Distances:

Parking – event centre: 800m

Event centre - start: 200m

Finish is at the event centre.

There is a small beer garden directly beside the event centre as well as numerous restaurants within the old town.

Map: Altstadt Bodenmais

Scale: 1-4000; Equidistance: 2,5m

Competition Area: The old part of Bodenmais is situated on a hill with the marked square in the centre. This hill is steep towards the East and South and gradual in all other directions. The running area consists of alleys and small roads, some narrow passages as well as steep ascends, some on steps.

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Tag 5; 01.08.2022

Event centre: Oberlohwhies

First Start: 10.00

Opening of event centre: 8.30

Parking: Unfortunately, there are no parking spaces available in Oberlohwhies. Participants are not allowed to drive up the road to Oberlohwhies. There are ample of parking spaces at the festival ground in Bodenmais from where there will be a free and frequent shuttle bus. First departure is planned at 8.15, journey time around 8 minutes.

Camper Vans: They can park at the central car park which has a firm surface. As with all car parks in the area, staying overnight is not allowed by local by laws.

Distances:

Shuttle bus stop – event centre: 20m

Event centre – start: 1000m

Finish is at the event centre.

Map: Oberlohwhies

Scale: 1-7500; Equidistance: 5m

Competition Area: The running area is located on a broad hill side with a dense network of tracks and paths. There are 3 distinct areas with large rock formations consisting of many rock faces and boulders same with a labyrinth character. The area is a fair mixture of open forests but also green area with very limited runability. We expect faster running times although like everywhere in the Bavarian Forest there are nearly no flat parts on the map, elevation gain will be integral part of any run.

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Display of different type of boulders on the orienteering maps of the BF5Days:

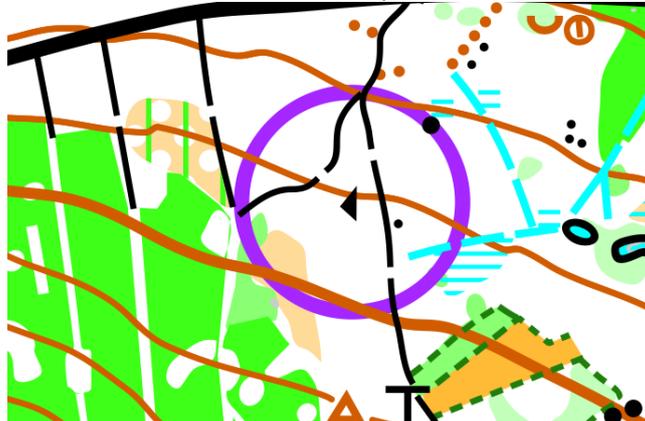
Our competition area is littered with rocks and boulders of all shape and sizes. To be able to distinguish between different types of rocks, Ingo our map maker, has used the following distinction:

Symbol 208. 1: Boulder field (singular)

In the forest:



On the map:



As a single symbol, this refers to an angular bolder which is wider than it is high. The direction of the symbol on the map equals the direction of the bolder in the forest.

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Symbol 204.0 Boulder

In the forest:



On the map:



This symbol describes a rounded boulder which is higher than it is wide.